



# Free $VO_2$ Max Test

New Carbohydrate Mouth Rinse Study

Cyclists Needed  
Free Body Fat Analysis  
4 x 40km Time Trials



**We are seeking male endurance trained cyclists (must be cycling at least 200 kilometers per week) between the ages of 18 – 35 to participate in a study looking at the effect of a carbohydrate mouth rinse on markers of endurance exercise.**



sharongam22@gmail.com



0412 366 041