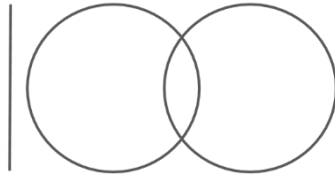


KALAMUNDA



RIDER GUIDE

- Date:** Sunday, 17 February 2019
- Location:** Pickering Brook Sports Club
35 Weston Road, Pickering Brook WA 6076
- Times:** **Registrations:** from 5:30am
 Rider briefing: 6:15am (all distances)
 Start time: from 6:30am (A and B distances)
- Distances:** A - 98km, B - 49km
-

RIDER CHECK-IN

Rider check-in opens at 5:30am.

Team leaders need to visit the registration desk to collect the team timing band, number and ID wristbands.

Individuals need to visit the registration desk to collect an ID wrist band (**please note: individuals are not timed**).

All riders please ensure you ride with a form of identification (eg. licence/name on wristband).

RIDER BRIEFING

The essential rider briefing will be held at 6:15am for all riders at the registration area. You will receive important up-to-date information about the course and other details to keep you safe throughout the ride.

RIDE ASSEMBLY AREA

Following the rider briefing, please assemble in your allocated riding teams in numerical order. The start line is located at the entrance to the Pickering Brook Sports Club under the BWA gantry.

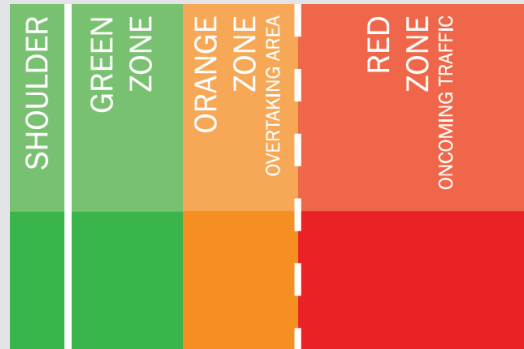
BE AWARE THAT YOU ARE RIDING ON THE ROAD

If the **SHOULDER** is sealed, this can be a good place to ride

RIDE in the **GREEN ZONE**

OVERTAKE when safe in the **ORANGE ZONE**

STAY OUT of the **RED ZONE**



START AREA



TIMING

Each team will receive one transponder and a team number. The transponder is to be placed on one rider's ankle (usually the team leader) and the team number is to be pinned to the back of the team leader's jersey.

Riders with timing bands (i.e. team leaders) please do not cross the start/finish line prior to the start as your team may record an incorrect time.

Individual riders will not be timed for this event.

All participants must wear an ID wrist band and ride with a form of identification (eg. licence/name on wristband)

Results will be available from the BWA website the following week.

CUT OFF TIMES

98km – 1st lap must be completed by 9.45am, 2nd lap cut off for Mundaring by 11:00am

If riders don't make the cut off they will be advised if they continue it will be with no traffic management and no support from the event.

ON-COURSE SUPPORT

The Kalamunda 100 is a fully supported ride and traffic management will be in place. Please follow the instructions of traffic controllers and marshals.

The following services are available throughout the ride:

- **Mechanical** – *Bike Fix Mobile* will be providing mechanical assistance prior to the ride at the event village.
- **Nutrition** – BWA will supply a limited amount of bananas and killer pythons. Please bring your own nutrition to avoid disappointment.
- **Hydration** – is available from the event village and on-course at the Mundaring Weir Road roundabout and the corner of Canning Rd and Glenisla Road. Please bring your own electrolyte as they will not be provided.
- **Broom Vehicle** – There will be a broom vehicle service for riders who cannot complete the event. Please call Event Control (0411 626 742) if you need assistance.
- **First-aid** – St John Ambulance will be in attendance. Please contact Event Control (0411 626 742) or notify a marshal if you require medical assistance. Dial '000' in a life threatening emergency.

PLEASE NOTE: Private support vehicles are not permitted in this event.

ON-COURSE WARNINGS

Aldersyde/

Mundaring Weir Roads Please take extra care on the approach to Mundaring Weir Road from Aldersyde Road as you **DO NOT** have right-of-way at this intersection. You must give way to oncoming traffic.

YOU MAY BE REQUIRED TO STOP

EMERGENCY CONTACT NUMBER

Event Control – 0411 626 742

Dial '000' in a life threatening emergency ONLY

THE FINISH

Riders will cross over the finish line by passing under the Bicycling Western Australia gantry at the Pickering Brook Sports Club. Spectators are encouraged to line the finish area and cheer riders across the line.

AFTER THE RIDE

After the ride please stay back at the Pickering Brook Sports Club for post-event celebrations.

Brunch/Drinks - The Pickering Brooks Sports Club will be serving brunch from 9:30am. Including banana bread, bacon & egg burger, breakfast quesadilla, omelette, Spanish eggs and more. Drinks are also available for purchase.

Coffee and hot beverages can be purchased from the coffee van (before and after)

GENERAL INFORMATION

Location

Pickering Brook Sports Club - 35 Weston Road, Pickering Brook WA 6076

Toilets

Toilets are available at the Pickering Brook Sports Club and at the Mundaring Water Aid Station.

Parking

Parking is available on the Pickering Brook Sports Club oval. Please drive slowly and following the direction of volunteer marshals.

Rider etiquette

In order to maintain a safe and enjoyable event for all riders, participants should be mindful of rider etiquette prior, during and after the event.

- All participants must obey ALL road rules and follow the instructions of event officials and traffic controllers
- The roads are **OPEN**, so be aware of other road users
- All riders are to keep to the left hand side of the road and ride a maximum of **TWO** abreast
- Overtake other teams in **SINGLE-FILE** only
- All riders **must** have a front and rear tail light. Be visible!
- Always be courteous to other riders, teams, officials and other road users
- Share Our Roads by showing consideration to other road users. Ride single-file if you are obstructing traffic

Local residents

Be mindful that you are riding through residential areas and show consideration to local residents. Permits to conduct events such as this are contingent of minimising the impact to the local community.

MAPS AND COURSE INFORMATION

A Distance [HERE](#)

B Distance [HERE](#)

MEMBERSHIP

We've got you covered with Australia's premium bike rider accident and third party insurance.

Becoming a member also has the added benefits of discounted entry into our events, exclusive discounts and regular newsletters which will keep you up to date with events and community programs.

Bicycling Western Australia is an independent, membership focused organisation representing the interest of our members. We are working to make bike riding easier, safety and more accessible for all Western Australians.

[Join today](#)

DAMS CHALLENGE – Sunday, 7 April 2019

Bicycling Western Australia's next event is the Dams Challenge.

The Dams Challenge is recognised as one of the 50 top rides in the world* and is Western Australia's premier on-road cycling challenge.

Choose your challenge with either the 205km 5 Dams, 136km 3 Dams or 53km 2 Dams Challenge and be one of over 2,000 riders who take on this monumental ride each April.

Places are strictly limited and demand is always high, so secure a place now in the must-do cycling event of the Western Australian cycling calendar.

Enter now